



Colombiere Center

CONFERENCE CENTER • HEALTH CARE • JESUIT COMMUNITY

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This letter is a recommendation for Tim, personal trainer through Oakland Personal Training, who has been working for us here at Colombiere Center. Tim has been servicing two of our residents with half hour one on one sessions twice a week.

Tim has shown a great professional work ethic, he has been punctual and reliable. He was meticulous in his record keeping, beginning with the first evaluation and continuing right through his time with us with weekly updates.

Tim is easy to work with, answering any questions other staff members may have had and educating us as to the progress his clients have made. He showed initiative by requesting that the nursing staff here supplement his program with specific activities in-between his visits, to the benefit the men he worked with.

I have observed Tim's work outs to be imaginative and progressive, keeping the men interested and challenged. Tim also demonstrated a flexibility that is so important when working with the elderly.

As a person Tim is quiet and soft-spoken and took the time to learn about his clients on a personal level. He was always interested in the other residents of our home as well, being cordial and friendly with them.

It is with much regret that we can no longer financially support this program; our men and our facility will miss Tim. He would be a wonderful employee to have in any facility, but he would be a gem in any area where he would be working with older people.

Marta Slocum

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Coordinator of Activities and Volunteers